

Transcript: Why I got my COVID-19 Vaccine (Somali)

My name is Dr. Fozia Abrar and I am a doctor and I work in the Twin Cities. I want to tell you that I have taken the COVID-19 vaccine on 31st December. I got a vaccine called Pfizer and I took it to protect myself and our community especially our adults over the age of 65 with other diseases such as diabetes, heart disease and if it happens to them, they can die. In our Somali community, you know in Europe and here as well, our elderly are dying and for that reason I urge you to take it. I took Pfizer, the first dose, and one will be 50% immune. The vaccine does not cause the disease so if you get a second dose it will protect you from 94% of the disease. Moderna, as well, has a first dose and the second dose is taken a month later, with an efficiency of 94%. The vaccine does not cause COVID. The vaccine protects us from COVID and if we are exposed to it we will not affect us seriously. Vaccines are scientifically proven to not cause the disease and to protect us. There are many stories in our community that a chip with a vaccine is being injected. There is nothing in the vaccine and it is scientifically proven to be safe against COVID and to protect us from the deadly disease COVID, so in our society you have to protect yourself and the adults in the community and tell anyone you see and say that the vaccine does not cause disease.