

## Transcript: Why I got my COVID-19 Vaccine (Farsi)

Hello. I am Dr. Baharak Tabarsi. I am a medical doctor in Phoenix, Arizona, and I work in Valleywise Health Medical Center. I was asked why I had decided to get a COVID-19 vaccine. My answer is to be able to protect myself, my family, and my patients. Then they asked me why I thought getting the vaccine is better than getting COVID-19. By getting the vaccine, I will not get the deadly disease, and even if I do, symptoms will be much milder. We know that getting the vaccine is important for our community. By getting the vaccine, we can prevent the spread of COVID-19 and return to our normal life more quickly. If we don't get the vaccine, the number of deaths will continue to increase, and we won't be able to return to our normal life and jobs anytime soon. So, in summary, I want to ask you to take COVID-19 very seriously. Wear your mask. Frequently wash your hands. Keep distance. And whenever it is your turn, make sure to get the vaccine so as to protect yourself, your family, and your community. Both my husband, who is a cardiologist, and I got the vaccine, and we recommend that you get it as well.